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ABSTRACT

Recognizing teachers' responsibility to maintain acceptable standards of discipline and behavior in school, this book assists schools in developing an effective whole-school approach against bullying behavior. It details practical intervention methods, illustrates these methods through case studies, and tells schools where they can obtain further information. Part 1 gives an overview of the process of developing, implementing, and monitoring a whole-school policy, including assessment, raising awareness, consulting staff in policy development, communicating the policy, encouraging cooperative behavior, discussing bullying incidents with students, sanctions, dealing with minor and serious incidents, and the use of exclusion. Part 2 defines bullying and gives statistics on its incidence. Part 3 provides procedures to determine the incidence of bullying at school, including survey development, and to analyze results over time. Part 4 presents teaching strategies relevant to bullying, including media use, curricular materials, quality circles, and teaching students how to challenge bullying. Part 5 examines working with students in bullying situations, using the method of shared concern, the no blame approach, assertiveness training, peer counseling, and "bully courts." Part 6 discusses strategies for use outside the classroom, including developing a play policy, improving supervision, and recognizing and managing challenging behavior. Part 7 presents four case studies of anti-bully intervention at primary and secondary schools. Part 8 lists additional resources, and Part 9 describes the Sheffield Bullying Project. Part 10 gives advice for students, parents, and families, while Part 11 contains material for overhead transparencies used in training. (KDFB)

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